

ROCKY CLARK

Rugby World Cup Winner
& World Record Breaker



RUGBY

During her 15 year international rugby career, Rocky played in 4 Rugby World Cups for England, who became World Champions in 2014 and won seven Six Nations Grand Slams.

In 2016 Rocky broke the World Record to become the world's most capped rugby player of all time and retired with 137 Caps for England. She has played 4 times for the Barbarians, and was a key player for her clubs Worcester, Wasps & Saracens.

Rocky remains the Most Capped Front Row Forward in Women's World Rugby.

She earned an MBE for services to rugby in 2015 and was part of the England Squad who won Team of the Year at Sports Personality of the Year Awards 2015.

Despite retiring from international rugby, Rocky still enjoys playing for her local club, Buckinghamshire Swans.

Rocky was inducted into the World Rugby Hall of Fame in September 2025 for her outstanding contribution to the game of rugby 'whilst demonstrating integrity, passion, solidarity, discipline and respect'. Rocky becomes one of only 9 women in the world to ever have received this award.



MEDIA & SPEAKING

Rocky is an accomplished commentator & pundit for the BBC, TalkSport, TNT Sport and Sky, with her enthusiastic and engaging commentary captivating audiences and bringing to life the excitement on and off the pitch.

Rocky is a very experienced event MC enjoys working with sports stars hosting Q&A panels for both entertainment and for more formal corporate topics.

As an accomplished after dinner speaker Rocky is guaranteed to entertain with her reflections on her time in top flight sport with talks full of insights, antics and hilarious anecdotes as she delves into what it's really like to play on the world stage and what goes on behind the scenes.

Rocky also provides key note speech's on topics covering overcoming adversity, equality and equality in sport, teamwork, motivation and leadership.

As a vocal advocate for women's rights and LGBTQ+ inclusiveness Rocky provides highly informative presentations to those organisations seeking guidance on this topic.



COACHING

Rocky remains committed to developing grassroots rugby. A former coach for Saracens Women she is one of the few female Level 4 coaches in the country working with numerous clubs and schools across the country.

PERSONAL

Rocky is a dog lover and will regularly be found exploring the countryside of Bedfordshire especially on a bike, always with a well-deserved coffee afterwards.

She loves a challenge and is guilty of accepting many an arduous charity adventure trek up a mountain somewhere in the world.



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